



PROVIDENCE ZEN CENTER

Heart Kyol Che 2018

Name _____

Address _____

City _____ State _____ Zip _____

Telephone Day _____ Evening _____

Fax _____ e-mail _____

See www.providencezen.org for the schedule of long sittings and dharma talks.

Commitment

1. Daily practice (Four Great Vows, bowing, chanting, sitting) _____
2. Daily mantra practice _____
3. Personal day of silence and mindfulness _____
4. Long sittings _____
5. Dharma talks _____
6. Kyol Che Opening Ceremony Jan. 2, 7 pm _____
 Mid-Kyol Che Ceremony Feb. 9, 7 pm _____
 Kyol Che Closing Ceremony Mar. 23, 11 am _____
7. Work practice at my Zen Center _____

8. Yong Maeng Jong Jin and one day retreats (\$65/day; \$45/day members; \$35/day DT and DTIT)
 - __January
 - __February
 - __March
 - __I'll sit a silent meditation retreat at another Zen Center

9. __Winter Kyol Che (\$455/week; \$315/week members; \$245/week DT and DTIT)
 (You can register for these programs using this form if you wish.)

Total Fees Enclosed\$ _____

Discover/MC/Visa _____

Exp. _____ Signature _____

Please send a copy of this completed form to:
 Your Guiding Teacher
 and/or Zen Master Bon Haeng or Nancy Hedgpeth JDPSN
 Providence Zen Center, 99 Pound Road, Cumberland, RI 02864 U.S.A.
 Fax 401/658-1464 director@providencezen.org